







LOGAN February Adult Wellness Calendar



For RSVP contact
smackin@logancenter.org
 (574) 387-9448

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Please RSVP before attending all events!						
2	3 Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages! Valentine's Heart Boxes 4-5 PM @ H&F Gym \$12	4 Karaoke 5-6:30 PM @ H&F Rec \$20 *Pizza for Dinner 	5 Game Night 5-6 PM @ H&F Rec \$12 	6 Basketball 4-5 PM @ H&F Gym \$12	7	8
9	10 Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages! Valentine Flower Bouquets 4-5 PM @ H&F Gym \$12	11 Valentine Cards 5-6 PM @ H&F Rec \$12 	12 Valentine's Dance 5-7 PM @ H&F Gym \$15 	13 Basketball 4-5 PM @ H&F Gym \$12	14	15
16	17 Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages! Salt and Watercolor Art 4-5 PM @ H&F Gym \$12	18 SB Cinemark Movies 14: Captain America Brave New World 4 :00 PM \$10 *Limited Tickets Available	19 Dinner/Animal Trivia Night 5-6 PM @ H&F Rec \$15 	20 Basketball 4-5 PM @ H&F Gym \$12	21	22
23 Bowling @ Parkway Lanes 4-5:30 PM *Must RSVP by 1/17/25	24 Open Gym 4-5 PM @ H&F Gym \$12 *Open to all ages! Thumbprint Magnet Hearts 4-5 PM @ H&F Gym \$12	25 Self-Advocacy Meeting 11 AM-12 PM @ Logan Industries Dinner with Friends @ Chick-fil-A 5-6 PM Portage Location	26 Bingo Night for Prizes! 5-6 PM @ H&F Rec \$12 	27 Basketball 4-5 PM @ H&F Gym \$12	28	

Wellness Program Descriptions

Basketball: Learn drills and practice your skills with our basketball instructor.

Bingo Night: Get a chance to win prizes while having fun playing Bingo with your friends.

Bowling at Parkway Lanes: Meet your friends at Parkway Lanes for bowling and socialization. Bring separate money to order food from the inside café.

Address: 1504 Chestnut St, Mishawaka, IN 46545

Cinemark Movies 14: Meet at South Bend Movies 14 to see the new Captain America: Brave New World movie.

****We have limited tickets available so make sure to RSVP as soon as possible. We did purchase a limited amount of wheelchair accessible seats and staff seats.**

Address: 910 W. Edison Rd, Mishawaka, IN 46545

Dinner at Chick-fil-A: Join friends at Chick-fil-A for dinner! Bring your own money to purchase food.

Address: 3703 Portage Ave, South Bend, IN 46628

Dinner/Animal Trivia Night: Join friends for dinner while playing animal themed trivia.

Game Night: Join friends for board games and your favorite card games. Some of our favorites are Uno, Skip-Bo, Monopoly, Checkers, etc.

Karaoke: Come and sing your favorite songs after enjoying pizza for dinner.

Movie on the BIG Screen: Watch a movie on our big screen projector while enjoying snacks.

Open Gym: Utilize our gym space with sports, bike riding, dancing, games, etc.

Open to all ages!

Valentine Cards: Enjoy socializing with friends while making Valentine cards for your loved ones.

Valentine's Dance: Join us for a fun Valentines themed dance party.

*Chips/Beverages Served

Valentine Flower Bouquets: Create a fun bouquet to give to someone for Valentines Day!

Valentine's Heart Boxes: Paint a wooden heart box to take home and put things like jewelry, coins, etc. inside!

Salt and Watercolor Art: Have fun painting with your friends and adding salt to create images in the background.

Thumbprint Heart Magnets: Using your thumbprint create hearts and attach to marbles for cute fridge magnets.